

CAMP EBERHART ADVENTURE EDUCATION COURSE FACTS

Camp Eberhart uses the "Challenge by Choice" philosophy in all Adventure programs. No one is coerced or forced to attempt anything that he or she does not want to do. We do, however, make every attempt to encourage individuals to achieve goals that initially they thought were not possible. All participants are asked to sign a general and challenge course waiver and risk acknowledgment before taking part in either the Climbing Tower or High Ropes Programs.

CLIMBING TOWER

- Consists of three climbing faces
- All faces are 32 feet high
- Participants are belayed from the ground by teams of other participants under the watchful eyes of trained camp Instructors
- Belaying techniques, climbing techniques, commands, harnesses and helmet fitting, and safety aspects are conveyed to all climbers before climbing/belaying begins
- Camp Facilitator checks all safety equipment before every individual climbs
- All participant belay teams have at least three people operating the ground belay with a trained Facilitator at each rope
- Instructor checklists are used for every group session to ensure adherence to proper procedures
- As long as participants can safely fit into a harness, they are able to climb - we've had a 5-year-old climb!



HIGH ROPES COURSE

- 17 element "double decker" ropes course
- Lower level is 15 feet high, upper level is 30 feet high
- Participants use a self belay system meaning two safety "sling lines" are fitted to all climbers which they use to safely transfer from one element to another
- Camp Instructors belay individuals up the entrance poles to the platforms
- Transfer commands are used by all participants and facilitated by Camp Instructors
- Instructors check all equipment before climbing
- Safety checklists are used by all Instructors
- All Instructors are trained by R.C.I.
- Participants must be at least 12 years old



TEAMS COURSE

- Over twelve separate ground initiatives focusing on teamwork, trust, cooperation, communication, awareness and giving/receiving feedback.
- Instructor checklists are used for each group
- Safety spotting techniques are taught to everyone before attempting challenges
- Excellent for all types of groups - from youth to corporate.